

PRIMARY MENU - 2019 (SINGLE CHOICE)

**school
food**

try something new today
www.schoolfoodni.com

**Bread, salad, fruit,
yoghurt, milk and
water
are available daily.**

**If you require any
additional information
on allergens or
special diet please
contact the school in
the first instance**



	Monday	Tuesday	Wednesday	Thursday	Friday
Week One W/C 30.09.19	Steak and Vegetable Casserole, Garden Peas, Mashed Potatoes & Gravy Sponge with Fruit & Custard	Salmon Fish Cakes, Baked Beans Or Peas & Mashed Potatoes Or Fresh Fruit & Yoghurt	Chicken Curry with Boiled Rice, Naan Bread & Carrot Sticks Chocolate Brownie with Fresh Fruit	Roast Pork, Stuffing, Carrots, Parsnip, Mashed & Oven Baked Dry Roast Potatoes & Gravy Fresh Fruit & Ice-cream	Chicken Bites Salad, Coleslaw, Chips & Baked Potato Melon Wedges & Yoghurt
Week Two W/C: 07.10.19	Pasta Bolognese, Carrot Batons & Crusty Bread Yoghurt & Fruit	Steak Burger in Bap, Salad, Coleslaw & Diced Potatoes Chocolate & Pear Sponge & Chocolate Sauce	Chicken Curry with Boiled Rice, Garden Peas & Naan Bread Fruit Jelly & Ice-cream	Roast Chicken, Stuffing, Cabbage, Diced Carrots, Mashed & Oven Baked Dry Roast Potatoes & Gravy Fresh Fruit & Yoghurt	Fish Fingers & Beans Or Pizza, Salad, Sweetcorn, Chips Or Baked Potato Fresh Fruit & Yoghurt
Week Three W/C: 14.10.19	Pasta Bolognese, Carrot Batons & Crusty Bread Apple Sponge & Custard	Oven Baked Breaded Whiting, Baked Beans, Sweetcorn & Mashed Potatoes Fresh Fruit & Yoghurt	Chicken Curry with Boiled Rice, Carrot Sticks & Naan Bread Chocolate Cookie, Milk & Fresh Fruit	Roast Turkey, Stuffing, Carrot & Parsnip, Mashed & Oven Baked Dry Roast Potatoes & Gravy Milk Pudding & Fruit	Sausages, Garden Peas & Chips/Baked Potato Or Lasagne, Sweetcorn & Tossed Salad Fresh Fruit & Yoghurt
Week Four W/C: 21.10.19	Fish Fingers, Beans, Peas & Mashed Potatoes Fresh Fruit & Yoghurt	Cheese & Tomato Pizza, Tossed Salad, Coleslaw, Diced Potatoes/ Wheaten Bread Fresh Fruit & Yoghurt	Chicken Curry with Boiled Rice, Baton Carrots & Naan Bread Fruit Sponge & Custard	Roast Beef, Diced Turnip, Cauliflower, Mashed & Oven Baked Dry Roast Potatoes & Gravy Biscuit & Frozen Yoghurt	Steak Burger in Bap, Salad Sweetcorn, Chips Or Baked Potato Fresh Fruit & Yoghurt

try something new today